

BEL & THE DRAGON COUNTRY INNS

LUNCH MENU

NIBBLES

Gem Hearts, Spiced Crab & Apple (cr/e) £9	Crispy Whitebait, Tartare Sauce (g/f/e/m/so/n/pn) £6
Maple Glazed Chipolatas (g/su) £7	Grilled Sourdough, Olives & Hummus (g/so/se) £8

STARTERS

Wild Garlic & White Onion Soup (V) £6 Charred Flatbreads, Sea Salt & Rosemary (g/pn/n/so/mi/c/e)	Creamed Burrata, Orange & Pine Nuts £9 Parsley Pesto & Ruby Endive (g/pn/n/so/e/mi/se)
Tempura Hen's Egg & Serrano Ham £9 Caper & Paprika Mayonnaise (g/e/m/su)	Superfood, Spinach & Apple Salad (V) £12 Pomegranate, Walnuts, Goji Berries (g/pn/n/so/se)
Hot Smoked Chalk Stream Trout & Caviar £11 Pickled Cucumber, Carrots, Crème Fraîche (g/m/f/pn/n/so/mi/m/su)	Crispy Popcorn Cauliflower (V) £9 Chilli, Sesame & Soy (g/pn/n/m/se)

STARTERS/MAINS

Devonshire Mussels & Crusty Bread £10/15 Cornish Orchard Cider & Bacon Broth (g/mo/so/mi/su)	Mushroom & Parmesan Tortellini £11/£16 Baby Rocket & Truffle Salsa (g/cr/mo/f/pn/n/so/e/mi/c)
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MAINS

Duck Shepherd's Pie (g/f/e/mi/pn/n/so) £15 Sundried Tomatoes & Confit Garlic	Posh Fish & Chips (g/f/e/m/su) £15 Cornish Haddock, Tempura & Mushy Peas
Vegan Spaghetti Bolognese (V) (g/c) £14 Chestnut Mushrooms, Lentils & Tomatoes	Chicken Milanese & Fried Hen's Egg £18 Creamed Spinach & Truffle Salsa (g/pn/n/so/e/mi)
Chicken Caesar Salad (g/f/so/e/mi/m) £13 Gem Hearts, Anchovies & Parmesan	Cornish Prawn & Crab Pappardelle £18 Steamed Samphire, Chilli & Lime (g/cr/f/e/mi/c)
Gressingham Duck Breast & Maple £19 Wild Garlic & Tenderstem Broccoli (su)	Roasted Chicken & Avocado Sandwich £9 Sweet Chilli Mayo & Skinny Fries (g/so/e)

JOSPER GRILL

Marinated Sirloin Steak £26 Celery Salated Fries & Peppercorn Sauce (g/f/pn/n/so/mi/c/su)
The Bel Burger, Mustard Mayo & Fries £14 Brioche Bun, Ribeye & Melted Cheese (g/so/e/mi/m/su)
30oz West Country Rib of Beef £69 (2-3 pers) Roast Garlic & Vine Tomatoes Thyme & Duck Fat Roast Potatoes (su/g/f/pn/n/so/e/mi)

SIDE ORDERS - £4.50

Maris Piper & Celeriac Mash (mi/c/su)
Gem Lettuce, Avocado & Grilled Sweetcorn (V) (g/pn/n/so/su)
Cauliflower, Smashed Garlic & Pecorino (g/pn/n/so/mi/su)
Truffle & Parmesan Fries (e/mi)
Roasted Chantenay Carrots, Grated Nutmeg (V) (g/pn/n/so/mi/c/se)
Crunchy Broccoli & Chopped Chilli (V)

OPTIONAL SERVICE CHARGE 12.5% ALLERGENS

(g) Gluten | (n) Nuts | (m) Mustard | (c) Celery/Celeriac | (e) Eggs | (mi) Milk | (l) Lupin | (f) Fish | (so) Soya
(se) Sesame Seeds | (cr) Crustaceans | (mo) Molluscs | (su) Sulphur Dioxide | (pn) Peanuts

Please speak to our team about Allergens on our Menu and if you require any further information, please do not hesitate to ask. We are very grateful for any feedback. If we have not lived up to expectations, the Service Charge will be removed and every effort will be made to redeem ourselves.