

# BEL & THE DRAGON

## COUNTRY INNS

### LUNCH MENU

#### NIBBLES

<b>Gem Hearts, Spiced Crab &amp; Apple</b>	<b>£9</b>	<b>Crispy Whitebait, Tartare Sauce</b>	<b>£6</b>
<b>Maple Glazed Chipolatas</b>	<b>£7</b>	<b>Grilled Sourdough, Olives &amp; Hummus</b>	<b>£8</b>

#### STARTERS

<b>Wild Garlic &amp; White Onion Soup</b> (V)	<b>£6</b>	<b>Creamed Burrata, Orange &amp; Pine Nuts</b>	<b>£9</b>
Charred Flatbreads, Sea Salt & Rosemary		Parsley Pesto & Ruby Endive	
<b>Tempura Hen's Egg &amp; Serrano Ham</b>	<b>£9</b>	<b>Superfood, Spinach &amp; Apple Salad</b> (V)	<b>£8</b>
Caper & Paprika Mayonnaise		Pomegranate, Walnuts, Goji Berries	
<b>Hot Smoked Chalk Stream Trout &amp; Caviar</b>	<b>£11</b>	<b>Crispy Popcorn Cauliflower</b> (V)	<b>£9</b>
Pickled Cucumber, Carrots, Crème Fraîche		Chilli, Sesame & Soy	

#### STARTERS/MAINS

<b>Devonshire Mussels &amp; Crusty Bread</b>	<b>£10/15</b>	<b>Mushroom &amp; Parmesan Tortellini</b>	<b>£11/£16</b>
Cornish Orchard Cider & Bacon Broth		Baby Rocket & Truffle Salsa	

#### MAINS

<b>Duck Shepherd's Pie</b>	<b>£15</b>	<b>Posh Fish &amp; Chips</b>	<b>£15</b>
Sundried Tomatoes & Confit Garlic		Cornish Haddock, Tempura & Mushy Peas	
<b>Vegan Spaghetti Bolognese</b> (V)	<b>£14</b>	<b>Chicken Milanese &amp; Fried Hen's Egg</b>	<b>£18</b>
Chestnut Mushrooms, Lentils & Tomatoes		Creamed Spinach & Truffle Salsa	
<b>Chicken Caesar Salad</b>	<b>£13</b>	<b>Cornish Prawn &amp; Crab Pappardelle</b>	<b>£18</b>
Gem Hearts, Anchovies & Parmesan		Steamed Samphire, Chilli & Lime	
<b>Gressingham Duck Breast &amp; Maple</b>	<b>£19</b>	<b>Roasted Chicken &amp; Avocado Sandwich</b>	<b>£9</b>
Wild Garlic & Tenderstem Broccoli		Sweet Chilli Mayo & Skinny Fries	

#### JOSPER GRILL

**Marinated Sirloin Steak £26**  
Celery Salated Fries & Peppercorn Sauce

**The Bel Burger, Mustard Mayo & Fries £14**  
Brioche Bun, Ribeye & Melted Cheese

**30oz West Country Rib of Beef £69 (2-3 pers)**  
Roast Garlic & Vine Tomatoes  
Thyme & Duck Fat Roast Potatoes

#### SIDE ORDERS - £4.50

**Maris Piper & Celeriac Mash**  
**Gem Lettuce, Avocado & Grilled Sweetcorn** (V)  
**Cauliflower, Smashed Garlic & Pecorino**  
**Truffle & Parmesan Fries**  
**Roasted Chantenay Carrots, Grated Nutmeg** (V)  
**Crunchy Broccoli & Chopped Chilli** (V)

OPTIONAL SERVICE CHARGE 12.5%

Please speak to our team about Allergens on our Menu and if you require any further information, please do not hesitate to ask. We are very grateful for any feedback. If we have not lived up to expectations, the Service Charge will be removed and every effort will be made to redeem ourselves.