

BEL & THE DRAGON

LUNCH MENU

NIBBLES

Sundried Tomato & Parmesan Arancini	£7	Crispy Whitebait, Tartare Sauce	£6
Flatbreads, Olives & Serrano Ham	£14	Pink Peppercorn Squid, Sweet Chilli Jam	£11

STARTERS

Lobster & Fennel Soup	£6	Creamy Burrata & Isle of Wight Tomatoes	£10
Parsley Oil, Sunflower Seeds & Flatbreads		Basil Pesto & Toasted Pine Nuts	
Super Green Salad & Toasted Almonds	£8	Smoked Chicken & Bacon Salad	£10
Sugar Snaps, English Asparagus & Peas		Gem Hearts, Gojis & Broad Beans	
Seared Yellow Fin Tuna & Wasabi	£12	Confit Duck, Hoisin & Sesame	£11
Shaved Fennel, Pickles, Mustard & Soy		Raw Broccoli, Pomegranate, Chia Seeds	

STARTERS / MAINS

Devonshire Mussels & Crusty Bread	£11/16	Spinach Gnocchi & Grilled Zucchini	£8/14
Cornish Orchard Cider & Bacon Broth		Peppers, Aubergine & Shaved Parmesan	

MAINS

Corn Beef Hash Brown & Fried Duck Egg	£12	Posh Fish & Chips	£14
Truffle Salsa, Brown Sauce		Cornish Haddock, Tempura & Mushy Peas	
Asparagus, Charred Broccoli & Lentil Salad	£11	Chicken Milanese & Fried Hen's Egg	£16
Red Chilli, Quinoa, Basil (Add Chicken £4)		Creamed Spinach & Truffle Oil	
Open Prawn Sandwich & Paprika Fries	£10	Lobster & Prawn Linguini	£18
Gem & Cucumber Salad, Sriracha Mayo		Spring Onions, Chilli & Lime	
Roasted Suckling Pig & Crispy Crackling	£21	The Bel Banger & Sweet Potato Fries	£11
Hispi Cabbage & Spiced Apple Chutney		Wild Boar Sausage, Pickle & Brioche	
"Ham, Egg & Chips"	£17	Roasted Chicken & Avocado Sandwich	£10
Glazed Pork, Crispy Duck Egg & Triples		Sweet Chilli Mayo & Celery Salted Fries	

Our Thyme & Duck Fat Roast Potatoes are included in every dish from the Rotisserie

GRILLED

Chargrilled Vegetables & Artichoke Salad	£13
New Potatoes & Sun Blushed Tomatoes	
The Bel Burger & Fries	£14
Brioche Bun, Rib Eye & Melted Cheese	
Marinated Rib Eye Steak	£26
Celery Salted Fries & Sauce Bearnaise	

SIDE ORDERS - £4

Truffle & Parmesan Fries
Gem Lettuce, Avocado & Grilled Sweetcorn
Cauliflower, Smashed Garlic & Pecorino
Broccoli, Chilli & Sea Salt
Roasted Chantenay Carrots, Grated Nutmeg
Rocket & Parmesan Salad

Optional Service Charge 12.5%

Please speak to our team about Allergens on our Menu and if you require any further information, please do not hesitate to ask
We are very grateful for any feedback. If we have not lived up to expectations, the Service Charge will be removed and every effort will be made to redeem ourselves.