

# BEL & THE DRAGON

June 2019

## NIBBLES

Sundried Tomato & Parmesan Arancini	£7	Crispy Whitebait, Tartare Sauce	£6
Flatbreads, Olives & Serrano Ham	£14	Pink Peppercorn Squid, Sweet Chilli Jam	£11

## STARTERS

Lobster & Fennel Soup	£6	Creamy Burrata & Isle of Wight Tomatoes	£10
Parsley Oil, Sunflower Seeds & Flatbreads		Basil Pesto & Toasted Pine Nuts	
Confit Duck, Hoisin & Sesame	£11	Seared Scallops & Crushed Peas	£15
Raw Broccoli, Pomegranate, Chia Seeds		Crispy Bacon & Candied Olives	
Green Asparagus & Poached Duck Egg	£9	Baked Brie, Cranberries & Walnuts	£17
Chia Seeds, Radishes & Gem Salad		Garlic, Rosemary & Flatbreads (2-3 pers)	

## STARTERS / MAINS

Devonshire Mussels & Crusty Bread	£11/16	Tortellini of Ricotta & Beetroot	£9/16
Cornish Orchard Cider & Bacon Broth		Baby Rocket, Truffle & Shaved Parmesan	

## MAINS

Pan Roasted Sea Bream & Salsa Verde	£17	Fish of the Day	MVP
Broccoli Purée & Crispy Capers		Market Vegetables	
Asparagus, Broad Bean & Pea Risotto	£11	“Ham, Egg & Chips”	£17
Shredded Leeks & Radishes		Glazed Pork, Crispy Duck Egg & Triples	
Cornish Crab & Prawn Pappardelle	£18	Courgetti & Sun Blushed Tomatoes	£13
Steamed Samphire, Chilli & Lime		Charred Broccoli, Chilli, Basil & Garlic	

## ROAST

Roasted Suckling Pig & Crispy Crackling	£21
Hispi Cabbage & Spiced Apple Chutney	
Half a Roast Corn Fed Chicken	£16
Charred Sweetcorn, Sage & Garlic Butter	
Gressingham Duck Breast & Maple Syrup	£21
Carrot & Orange Purée, Tenderstem	

## GRILLED

Chargrilled Lamb Rack & Shakshuka	£21
Split Peas & Broad Beans, Candied Olives	
Hampshire Fillet of Beef	£33
Thrice Cooked Chips & Truffle Mayo	
Marinated Rib Eye Steak	£26
Celery Salted Fries & Sauce Béarnaise	

Our Thyme & Duck Fat Roast Potatoes are included in every dish from the Roasts

## SOMETHING TO SHARE

30oz West Country Rib of Beef  
Roast Garlic & Vine Tomatoes,  
Thyme & Duck Fat Roast Potatoes  
£69 (2-3 pers)

Salt Baked Saddle of Lamb  
Spring Vegetables & Courgetti  
New Potatoes, Mint & Rosemary  
£59 (2-3 pers)

## SIDE ORDERS - £4

Truffle & Parmesan Fries  
Gem Lettuce, Avocado & Grilled Sweetcorn  
Cauliflower, Smashed Garlic & Pecorino  
Broccoli, Chilli & Sea Salt  
Rocket & Parmesan Salad  
Roasted Chantenay Carrots, Grated Nutmeg  
Jersey Royal Potatoes & Spring Onions

Optional Service Charge 12.5%

Please speak to our team about Allergens on our Menu and if you require any further information, please do not hesitate to ask  
We are very grateful for any feedback. If we have not lived up to expectations, the Service Charge will be removed and every effort will be made to redeem ourselves.