

BEL & THE DRAGON

LUNCH MENU

NIBBLES

Zucchini Chips & Garlic Aioli	£7	Crispy Whitebait, Tartare Sauce	£6
Flatbreads, Olives & Serrano Ham	£14	Pink Peppercorn Squid, Sweet Chilli Jam	£10

STARTERS

Curried Cauliflower Soup	£6	Burrata, Blood Oranges & Pine Nuts	£8
Parsley Oil, Sunflower Seeds & Flatbreads		Wild Garlic & Ruby Endive	
Beetroot Cured Egg & Rocket Salad	£8	Superfood & Shredded Kale & Apple Salad	£8
Crispy Chickpeas, Sun Blushed Tomatoes		Pomegranate, Walnuts, Goji Berries	
Smoked Salmon, Lime & Cracked Pepper	£9	Confit Duck, Hoisin & Sesame	£11
Shaved Fennel & Lamb's Lettuce		Raw Broccoli, Pomegranate, Chia Seeds	

STARTERS / MAINS

Devonshire Mussels & Crusty Bread	£11/16	Classic Chicken Caesar Salad	£8/11
Cornish Orchard Cider & Bacon Broth		Gem Hearts, Anchovies, Aged Parmesan	

MAINS

Corn Beef Hash Brown & Fried Duck Egg	£12	Posh Fish & Chips	£14
Truffle Salsa, Brown Sauce		Cornish Haddock, Tempura & Mushy Peas	
Asparagus, Charred Broccoli & Lentil Salad	£11	Chicken Milanese & Fried Hen's Egg	£16
Red Chilli, Quinoa, Basil (Add Chicken £4)		Creamed Spinach & Truffle Oil	
Open Prawn Sandwich	£9	Cornish Crab & Prawn Pappardelle	£18
Gem & Cucumber Salad, Sriracha Mayo		Steamed Samphire, Chilli & Lime	
Roasted Suckling Pig & Buttered Kale	£21	The Bel Banger & French Mustard	£9
Crispy Crackling, Spiced Apple Chutney		Wild Boar Sausage, Pickle & Brioche	
Half a Roast Corn Fed Chicken	£16	Roasted Chicken & Avocado Sandwich	£9
Sage & Onion Stuffing, Bread Sauce		Sweet Chilli Mayo & Celery Salted Fries	

Our Thyme & Duck Fat Roast Potatoes are included in every dish from the Rotisserie

JOSPER GRILL

Seared Yellow Fin Tuna & Green Beans	£12
New Potatoes & Sun Blushed Tomatoes	
The Bel Burger & Fries	£14
Brioche Bun, Rib Eye & Melted Cheese	
30oz West Country Rib of Beef	£69
Roast Garlic & Vine Tomatoes, Thyme & Duck Fat Roast Potatoes (2-3 pers)	

SIDE ORDERS - £4

Truffle & Parmesan Fries
Gem Lettuce, Avocado & Grilled Sweetcorn
Cauliflower, Smashed Garlic & Pecorino
Broccoli, Chilli Salt & Hazelnuts
Roasted Chantenay Carrots, Grated Nutmeg

Optional Service Charge 12.5%

Please speak to our team about Allergens on our Menu and if you require any further information, please do not hesitate to ask
We are very grateful for any feedback. If we have not lived up to expectations, the Service Charge will be removed and every effort will be made to redeem ourselves.